

COVID – 19
MOST IMMEDIATE



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HEALTH AND FAMILY WELFARE (P1) DEPARTMENT
Letter No.1714 / P1 / 2020 - 1, Dated 25.04.2020

From
Dr.(Tmt.) Beela Rajesh, I.A.S.,
Secretary to Government

To
The Additional Chief Secretary to Government,
Rural Development and Panchayat Raj Department
The Additional Chief Secretary to Government
Municipal Administration and Water Supply Department
The Secretary to Government
Social Welfare and Nutritious Meal Programme Department
The Director General of Police
All District Collectors

Madam / Sir,

Sub : Corona Virus Disease (COVID – 19) – Infection Prevention and Control – Drug and herbal powder recommended for the frontline staff and others in Covid 19 duty for developing immunity-Regarding

As an important measure to develop immunity against the COVID infection among the who serve the public during the present crisis, I am directed to recommend the following Drug and Herbal powder to the Police personnel, Healthcare workers, other persons who are in Covid-19 duty and persons with high risk and low risk in containment area.

1. Tablet – Zinc 150mg once daily for 10 days.
2. Tablet – Vitamin C 500mg or Multi Vitamin Tablets once daily for 10 Days.
3. Nilavembu Kudineer and Kabasura Kudineer Herbal powder.

(P.T.O)

Method of preparation and usage of Nilavembu Kudineer and Kabasura Kudineer Herbal powder (for single person).

Dissolve 5 gm of Nilavembu Kudineer or Kabasura Kudineer Herbal powder in 240ml of water and boil it well and reduce to 60ml, filter the same and drink this with in 3 hours, daily in the morning for one month, before food. The intake of Kashayam dosage advised is 60ml for Adult and 30ml for Children. For additional details the respective District Siddha Medical officers may be contacted.

As the above Drugs and herbal powder will boost the immunity of the frontline staff and other persons make them resistant towards infection by COVID 19 and also improve their work performance, and request you to follow the above said advice. The above drug and herbal powder may be procured from the nearest Health facility.

Yours faithfully,

 for Secretary to Government

Copy to :-

The Director of Indian Medicine and Homoeopathy, Chennai – 106.

The Tamil Nadu Medical Services Corporation, Chennai – 8.

The Director of Medical Education, Chennai – 10.

The Director of Public Health and Preventive Medicine, Chennai – 6.

The Director of Medical and Rural Health Services, Chennai – 6.

(All of the above are requested to follow up the adequate supply of medicine).