



Secretariat
Chennai-9.

HEALTH AND FAMILY WELFARE DEPARTMENT
Letter No.41459 /IM1(2)/2012, dated 21.11.2012.

From
Dr. J. Radhakrishnan, I.A.S.,
Secretary to Government.

To
The Commissioner of Indian Medicine and Homeopathy, Chennai-106.
The Director of Medical Education, Chennai-10
The Director of Medical and Rural Health Services, Chennai-6
The Director of Public Health and Preventive Medicine, Chennai-6.
All Collectors.

Sir/Madam,

Sub: Indian Medicine and Homoeopathy – Viral fever including dengue –
use of **fresh Papaya Leaf juice, Malaivembu Leaf juice and**
'Nilavembu Kudineer' – directions to make available the
traditional home made and Siddha Medicines to the viral fever
patients and also with the general public – circular issued.

Ref: From the Commissioner of Indian Medicine Homeopathy, letter
Ref. No.12908/P&D1/12, dated: 21.11.2012.

I am directed to state that under the Indian System of Medicine, effective traditional practices and medicines providing natural healing are available for prevention and management of diseases **including viral fevers such as dengue**. These practices and medicines have anti-viral properties and are said to work through increasing the immune response and also arresting the complications as seen from extensive literature available on this subject.

2. In this connection, it is recommended that the **'Fresh Papaya Leaf juice', 'Malaivembu Leaf juice'**, which are used traditionally for increasing the immunity and promoting recovery from viral diseases including dengue should be popularized by creating adequate awareness about the availability and use of these traditional healing medicines. Fresh papaya leaves juice is also known to be used as an effective home based natural remedy and cure while Malaivembu Leaf juice and other extracts have been used to treat a variety of illnesses and conditions.

3. Another traditional Siddha medicine **'Nilavembu Kudineer'** made out of **Nilavembu leaf and eight other ingredients** is already available to the public at free of cost through all the Siddha Units in the State. This is also in addition to other

and other forms of Indian Medicine and Homeopathy medicines which are prescribed and are already under use for curing viral fever as well as to increase the blood count under the respective systems.

4. Under these circumstances, I am to request you to ensure that these traditional healing practices and medicines are easily accessible and provided to the patients having the symptoms of viral fever especially dengue so that they could benefit from them.

5. In order to effectively implement this circular, the District Siddha Medical Officers' from the Indian Systems of Medicine which are already functioning in the Government Hospitals and Primary health centres are directed to work in close coordination with the Deans, Joint Directors of Health Services and Deputy Directors of Health Services and ensure that the patients admitted in the inpatient wards with viral fever and also those being treated in the out-patient departments in the hospitals should be provided easy access to these practices and medicines and allowed to benefit from their traditional and natural healing properties.

6. I am also to request the Director of Medical and Rural Health Services, Director of Public Health and Preventive Medicine and Director of Medical Education, Collectors and the Commissioner of Indian Medicine and Homoeopathy to suitably communicate these instructions to their subordinate offices including local bodies and ESI hospitals. They are further instructed to coordinate with the Commissioner of Indian Medicine and Homeopathy to monitor and review implementation of the circular for effective management and control of Dengue and other viral diseases and ensure that the above instructions are used in a complimentary manner along with their standard protocols in other systems of Medicine.

7. The receipt of this circular may be acknowledged.

Yours faithfully,

for Secretary to Government.

Copy to:

The Chief Minister's Office, Chennai-9.

Special PA to Hon'ble Minister (Health), Chennai-9.